



Newsletter of the Southern Nursing Research Society

In This Issue

[From the President](#)

[Financial Report](#)

[Conference Information](#)

[Silent Auction](#)

[RIG Meetings](#)

[Wall of Mentors](#)

[Podcast Contest](#)

[SOJNR](#)

[New Board Members](#)

[Election Results](#)

[Member Survey Prize Winners](#)

[RIGs Update](#)

[Update: Biobehavioral](#)

[Member News](#)

[From the Editor](#)

Quick Links

[Conference Information](#)

[SOJNR](#)

[State Liaisons](#)

From the President

Thanks for your support!



This is the season of thankfulness and remembering kindnesses large and small. SNRS runs on the spirit of volunteerism in support of promoting nursing research across the Southern region. So many of you do so much to make this all happen, the Board is truly grateful to all who give their time and talent to the organization! The primary act of keeping your dues current ensures the long-term viability of SNRS; we appreciated your sustaining support. Many of you chose to submit abstracts for annual conference in Austin this February. We are grateful that you chose to bring your science to SNRS where it will be shared with researchers across the region. Those of you who volunteered to review abstracts for annual meeting brought rigor to the process and ensure that the conference meets standards of which we all can be proud. Many of you are active in your Research Interest Groups (RIGs) sharing your enthusiasm and expertise in with those your specialty area; the RIGs are really the heart of SNRS as they provide a community of science.

Some of you make larger commitments to SNRS; you serve on one of the seven critical committees that set the course for the organization: Finance, Bylaws/Policy & Procedures, Program, Communication, Awards, Grants, and Development. Each is called upon throughout the year to keep the wheels of the organization moving from reviewing proposals several times yearly, to keeping the membership informed through various media, to making the difficult choices among very qualified leaders for recognition, to steering SNRS in a direction toward continued fiscal solvency. Without our Program Committee members there would be no annual meeting from the scientific sessions, to the networking opportunities, to the wonderful receptions. Some of you serve as State Liaisons who are the first-line contact for members across the region and promote membership services. Others volunteer to chair and co-chair the Research Interest Groups that have grown to be a vital force in SNRS. The Deans and Directors who support members' attendance at the annual meeting are critical to the expansion of good science and forging of alliances across the region.

Two members who make an extraordinary difference in the life of SNRS are the Editor of *SOJNR*, Dr. Judith Lewis, and the Editor of *Southern Connections*, Lenora Smith. The services they oversee add immensely as a membership benefit, as well as sharing the scholarship and good news about nursing

**Communications
Committee**

Anne Stiles, Chair

Jo Azzarello

Carol Boswell

Judy Lewis, Editor- *SOJNR*
(ex-officio)

Alison Jones Montpetit

Editor-*Doctoral Student Web
Pages*

Leanne Lefler

Lenora Smith

Editor-*Southern Connections*

Nan Smith-Blair

[Join Our Mailing List!](#)

research in the Southern region.

Others of you make a considerable contribution; you put your name forward and are willing to share in the governance of SNRS. This year we had 12 members run for the 5 open positions on the Board and 4 members run for the 2 positions on the Nominating Committee. This support shows tremendous generosity on all of their parts as they all would have been willing to serve if elected. We congratulate them all for being willing to enter the process and be counted!

Over the past three years, the support of the staff of the Resource Center has allowed SNRS to grow to the largest regional research organization in the US. When operational functions are centralized and done by those whose expertise lies in organizational management, the members are freed up to focus on the mission and vision of the society. We are truly fortunate to have the 'behind the scenes' activities of SNRS done consistently, according to established practices, and with the skill brought by many years of negotiation and planning. The move to using the Resource Center was one of the wisest the Board could have made to insure the future of SNRS for the next 25 years.

Finally, in this last newsletter of my presidency, I would like to thank all the members of both this year's and last year's Board of Directors and Nominating Committees. Together all these individuals, who are already overcommitted in their own institutions, took the mantle of leadership in extremely challenging times and with good humor, dedication to their elected area, flexibility and integrity and have fulfilled their obligation to SNRS. I will always be grateful that I can count among those whom I had the privilege to work, the following persons who served as members of the Board: Marti Rice, Cynthia Russell, Anne Turner-Henson, Mona Shattell, Carolyn Lewis, Demetrius Porche, Cindy Munro, Ann Malecha, Anne Stiles, Martha Alligood, Deborah Jones, Jenifer Wenzel, and Mary Walker; and the members of the Nominating Committee: Randy Jones, Donna Neff, Patricia Crane, Lee Ridner, Kay Avant, Doug Sutton, all very ably led by Patty Gray!

Happy Holiday to all and I'll see you in Austin!

Elaine J. Amella, PhD, GNP-BC, FAANP, FAAN

President, SNRS

Pre-Conference Financial Report

We are pleased to report a positive auditor's report to our SNRS membership. The SNRS Board of Directors selected Heider, Tanner, & Dirks to conduct a full audit of the society based on the recommendation from the Finance Committee. Heider, Tanner, & Dirks completed an audit of the SNRS financial statements for the year ending December 31, 2008. The audit report, issued dated September 15, 2009, indicated that SNRS has the appropriate controls in place and all accounting functions are in conformity with Generally Accepted Accounting Principles (GAAP).

Recommendations provided to the Finance Committee and SNRS Board for continued quality improvement of our fiscal management are 1) ensure that account balances in SNRS accounts do not exceed the federally insured amounts; 2) consider the formation of financial reserves for bad debts; and 3) reminded us that fundraising activities and items that are not directly linked to the SNRS mission are subject to taxation. The final opinion by Heider, Tanner, & Dirks

was stated as "In our opinion, the financial statements . . . present fairly, in all material respects, the financial position of the Southern Nursing Research Society as of December 31, 2008 and the changes in its net assets and its cash flows for the year then ended in conformity with accounting principles generally accepted in the United States of America." To provide further controls and Board oversight of our financial status, our management firm provides the following to the President and Treasurer for review and discussion regularly: 1) bank reconciliation statements; 2) banking account transaction history; and 3) a detail ledger of account activities. This provides an opportunity for the President and Treasurer to review and discuss any income and expenditures with the management firm representatives regularly and report a concise financial picture of the organization to the entire SNRS Board.

On behalf of the SNRS Board of Directors, we would like to invite all interested members to attend the reference hearing meeting scheduled for Thursday, February 4, 2010 at 3:30 pm where the financial viability, among other issues, will be discussed in an open forum.

**Demetrius Porche, DNS, PhD, APRN, FAANP, FAAN
Treasurer, SNRS**

**Elaine J. Amella, PhD, RN, FAAN
President, SNRS**

SNRS 2010 Annual Conference

in Austin, Texas



From blues to indie rock, country music to jazz, rock en español and more, Austin, Texas is *the live music capital of the world*. On any given night, within walking distance of the [SNRS 2010](#) conference hotel, the Austin Hilton, the Austin entertainment district offers live music. Austin is home to such famed personalities as The Dixie Chicks, Willie Nelson, Asleep at the Wheel, Stevie Ray Vaughan, Spoon, Ghostland Observatory and many more. Shopping, ideal spots for walking, visiting the LBJ Presidential library, and of course, The University of Texas Longhorns, are just a few exciting sights close to the conference hotel.

[Registration](#) is now open, so make plans to join us for the upcoming SNRS Annual Conference in Austin, February 3-6, 2010.

Back by popular demand, the Publishing Pre-Conference will be held on Wednesday morning, February 3, 2010. Dr. Judith Lewis, SOJNR editor, will demystify the publication process; discuss roles and responsibilities in publishing, authorship, pitfalls in publishing and how to select a journal.

On Wednesday afternoon, February 3, 2010, the University of Texas faculty will present the doctoral pre-conference. This pre-conference, specifically designed for doctoral students will address issues pertaining to authorship.

Late breakers, evidence based practice, and outstanding student posters will be presented in poster discussion sessions as new venues for the 2010 conference. This format combines the classic poster session (author present to answer questions about the study) followed by group discussions by poster authors and other attendees. The podium discussions in these sessions are not presentations of the study, but rather discussions of issues that extend across the group of posters.

NINR is sponsoring two additional plenary sessions, featuring Dr. Joan Austin presenting the "Future of NINR" on Friday, February 5, 2010, and NINR presenting an additional plenary on Saturday morning, February 6, 2010 entitled, "NIH funding mechanisms and the new NIH guidelines."

Start making plans to join us in Austin, Texas for SNRS 2010. We look forward to seeing you there.

Sharon Horner, Local Planning Chairperson

Anne Turner-Henson, Vice President, SNRS

Silent Auction at SNRS 2010

in Austin Texas



Join your SNRS colleagues by contributing a silent auction item to support funding for our SNRS research grants. Creative members in the past have donated artwork, handcrafted items (knitted sweaters), or spirit baskets representing their School of Nursing or community. In years past, several schools provided baskets with items with their school logo (T-shirts, cups, etc.) and/or local items representing the geographic area. In

many instances school of nursing alumni actively competed in bidding for the baskets. The modest cost of creating the basket provided advertisement for the school, generated excitement about the silent auction, and generated funds for additional funding of SNRS Research Grants.

Consider donating an item to the Silent Auction this year, and help us to raise money for research grants. Baskets valued at more than \$50 are requested.

You will find more information concerning the silent auction on the SNRS [website](#), or you may call the office at 877-314-SNRS (7677). You may print out copies of the Silent Auction contribution form from [this link](#), or the SNRS website.

Ptlene Minick, Silent Auction Chairperson

RIG Meetings

Austin, Texas - SNRS 2010

Thursday, February 4, and Friday, February 5, 2010

Times vary for each RIG.

[View the schedule](#)

SNRS Wall of Mentors

Soon to be Created

Would you like to recognize your special mentor? Purchase a Mentor Pin at this year's annual conference. In addition to the honor you bestow when you present the pin, your mentor's name will be displayed at the conference on a special "Wall of Mentors", and ensconced on our soon-to-be-created "Wall of Mentors" page on the SNRS website. This is an excellent way to honor your mentor and let them know how truly special they are!

Have you purchased a mentor pin previously? SNRS is collecting the names of mentors to post on the Wall of Mentors at the conference and on the website. Please take a moment to fill out the card in your registration packet at the conference, or contact SNRS@resourcenter.com with information about who your mentor is and why you chose to honor them.

Are you the recipient of a mentor pin? Be sure to wear it at the annual conference!

When you purchase a mentor pin, you are not only honoring your mentor, but also supporting SNRS. Proceeds from the sale of mentor pins go toward the funding of the SNRS Small Grants program.

CALL FOR PODCASTS - "Nurse as Scientist"

*Deadline for Submissions: **January 15***

This contest is open to all nursing students! A \$1000 prize will be offered to a nursing student who is a member of SNRS for a winning podcast on the topic of "[Nurse as Scientist](#)."

The image of "nurse as scientist" is largely absent from public perception of nurses and nursing. The purpose of this competition is to create a series of enhanced podcasts that can be widely disseminated to the public to increase visibility and public awareness of nurses' roles as scientists in the development of knowledge for health care.

Pod-casting is a youth-friendly technology for interacting with the community of those who will be the next generation of nurse scientists!

[Click here](#) for helpful guidelines on creating podcasts.

The prize is provided by the [Council for the Advancement of Nursing Science](#) and is designed to defray costs associated with attending the 2010 State of the Science Congress on Nursing Research.

The winner of the SNRS competition will be determined at the SNRS 2010 Annual Meeting to be held February 3-6 in Austin, Texas. The winner of this competition will advance to a national competition for the most outstanding podcast. The national competition will be held at the State of the Science Congress on Nursing Research to be held September 27th-29th, 2010 at the Omni Shoreham Hotel in Washington, DC. Winning entries will be posted on the Council for the Advancement of Nursing Science Web site.

Podcasts must be received by January 15, 2010. Mail entries to SNRS Headquarters, 10200 W. 44th Ave., Ste. 304, Wheat Ridge, CO 80033.

[Click here](#) to download the SNRS podcast submission form.

SOJNR News



This issue marks the end of two years of *SOJNR*'s new format.

We have been pleased with the membership's response. Each call for abstracts has received a robust response from authors. Guest Editors have worked hard to ensure that the papers published reflect the state of the science in their respective areas. Manuscript reviewers have been generous with their time and expertise. Our Managing Editor, Barbara Trumbo, and our Production Editor, Linda Pocsik, continue to be wonderful partners.

It now is time to add even additional strength and expertise to the Journal. Beginning next year, *SOJNR* will have an Editorial Board, to be comprised of members of SNRS who have demonstrated commitment to our Journal. This Board will be appointed by the Editor, with membership approved by the SNRS Board. The Board will advise the Editor, work to solicit quality manuscripts, and be ambassadors for the Journal. I look forward to this next exciting step.

Judith A. Lewis, PhD, RN, WHNP-BC, FAAN
Editor, Southern Online Journal of Nursing Research

SNRS Introduces New Board Members

Meet Deborah Jones

Dr. Deborah J. Jones, PhD, RN, is an Assistant Professor at the University of Texas Health Science Center at Houston (UTHSC). She joined the faculty after earning her PhD from Virginia Commonwealth University in 2007. Her focus of scholarship is to improve outcomes of acutely and critically ill adults through developing best practices. Particularly, Dr. Jones current research is focused on identifying biomarkers specific to ventilator-associated pneumonia. She is also co-investigator on studies investigating the relationship of positioning and pulmonary complications in mechanically



ventilated critically ill adults. Dr. Jones teaches at UTHSC-Houston in both the undergraduate and DNP curriculum. As Membership Chair, she is excited about the direction of the state liaison program in its efforts to increase the visibility of SNRS to the community and meet the needs of the membership. In accordance with this effort Dr. Jones led the Board in surveying the membership regarding organizational needs.



Meet Ann Malecha

Dr. Ann Malecha, PhD, RN, CNE, has been a nurse for over 25 years. She graduated in 1984 from Loyola University of Chicago. She completed a Master's of Science degree in Nursing from Northwestern University in Chicago and worked as a certified adult nurse practitioner in various occupational health settings. In 1999, she completed a PhD degree in Nursing from Texas Woman's University (TWU) in Houston, Texas. She has since been on faculty at TWU College of Nursing and is currently Associate Professor and Research Director for the Houston campus. She has conducted research in the area of intimate partner violence (IPV), screening for IPV at the work site, and health outcomes of abused women. She is currently Principal Investigator on a four-year longitudinal study examining the outcomes of personal stressors on a cohort of nursing students, following them from the beginning of nursing school through two years post-graduation. Her research has been funded by the American Association of Occupational Health Nurses, the National Institute for Occupational Safety and Health, and the American Nurses Foundation.

SNRS Election Results for 2010

The organization could not exist without the dedication and commitment of its members. The SNRS Board and Nominating Committee appreciate all who ran for positions and also those who voted in the 2009 election for the 2010-2012 Board, Members-at-Large, and Nominating Committee.

President-Elect:

Patricia Crane, PhD, RN, FAHA

Associate Professor and Chair, Department of Adult Health Nursing
The University of North Carolina at Greensboro

Secretary:

Elizabeth Reifsnider, PhD, RN, WHNP, PHCNS-BC

Associate Dean for Research and Professor
University of Texas Medical Branch

Member-at-Large Communications:

Anne Stiles, PhD, RN

Professor & Associate Dean
Texas Woman's University

Member-at-Large Development:

Nan Smith-Blair, PhD, RN

Associate Professor and Director, Eleanor Mann School of Nursing
Honors Director College of Education and Health Professions
University of Arkansas

Member-at-Large Small Grants:

Cindy L. Munro, PhD, RN, ANP-C, FAAN

Professor
Virginia Commonwealth University

Nominating Committee Members:

Leanne L. Lefler, PhD, ACNS-BC, APN

Assistant Professor
University of Arkansas for Medical Sciences

Cheryl Hoyt Zambroski, PhD, RN

Interim Assistant Dean for Academics, Undergraduate Program
University of South Florida College of Nursing

SNRS Member Survey

Prize Winners:

The membership survey was distributed via email to approximately 1,243 members on July 22, 2009 with a response deadline of August 25, 2009. A total of 528 members started the survey, with 433 (35%) completing it. The results of the survey will be shared with the membership prior to the annual conference. Incentives were offered for member participation. Congratulations to the following 2009 Member Survey award recipients:

- **1st Prize** Complimentary registration to the 2010 Annual Conference **Jennifer Hatcher**
- **2nd Prize** Half-price registration to the 2010 Annual Conference **Martha Polovich**
- **3rd Prize** One complimentary hotel night at the 2010 Annual Conference **Renee Burk**
- **4th Prize** Complimentary one-year membership **Lynne Nemeth**
- **5th Prize** Complimentary Mentor Pin **Ifeoma Ezeobele**

Research Interest Groups (RIG) Update

Dr. Lora Humphrey Beebe - Psychiatric/Mental Health

Lora Humphrey Beebe, PhD, PMHNP-BC, is associate professor at the University of Tennessee College of Nursing and a psychiatric nursing researcher for 13 years. Her research focuses on adherence and motivation and their relationships to the physical and mental health of persons with schizophrenia spectrum disorders. With a \$140,000.00 grant from the National Institute of Mental Health, Beebe is currently exploring a motivational intervention designed to increase attendance, persistence and compliance with the walking program among outpatients with schizophrenia. The project is scheduled for completion in late 2009. Beebe is coordinator of the graduate concentration in Psychiatric Mental Health Nursing with primary teaching and advising responsibilities for every psychiatric mental health graduate student in the college.

Dr. Cathy Campbell - Research in Clinical Settings

Cathy Campbell, Chair of the RIG on Research in Clinical Settings is an assistant professor on the tenure-track at University of Virginia's School of Nursing (UVA) and teaches in the undergraduate program and in the

Clinical Nurse Leader Program. Her clinical and research focus is in end-of-life care. She worked in hospice for 15 years before joining the faculty at UVA, and is currently a co-investigator for a research study with Haven Hospice in Gainesville, Florida, one of the largest providers of rural hospice services in the country. The study is comparing satisfaction with hospice care between rural and urban hospice patient/families. She is also planning a study to explore the pain management learning needs of nurses in SW Virginia.

She is eager to learn from what others are doing and build a community of researchers.

Contact information: clc5t@virginia.edu 434-243-6789

Dr. Diane Chlebowy - Research in Clinical Settings

Dr. Chlebowy is presently an Assistant Professor at the University of Louisville School of Nursing. She earned her bachelor, masters, and doctoral degrees in nursing from The Ohio State University. Dr. Chlebowy has clinical practice experience in adult nursing and has extensive experience educating diabetes clients and families in a variety of clinical settings. As a researcher, she is interested in health disparities research and has received recent intramural grant funding to examine the facilitators and barriers to diabetes self-care management among African Americans. She is also the principal investigator and project director of an interdisciplinary study investigating the effects of motivational interviewing on self-care management behaviors among urban African American adults with type 2 diabetes.

Update from the Biobehavioral RIG

Welcome from Dr. Barbara Carlson, Chair, and Dr. Judith K. Payne, Chair-elect, of the Biobehavioral Research Interest Group (RIG). The focus of the Biobehavioral RIG is to advance nursing knowledge related to the interactions between biology and behavior in order to improve the health of individuals, families, and communities. The purpose of the Biobehavioral RIG is serve the membership of SNRS by providing opportunities for collaboration, education, and peer support around issues associated with measurement and design of biobehavioral studies, obtaining research funding, and publications. Through sponsored symposia and publications, we plan to provide the members of the RIG a forum for examining state-of-the- art methodologies and approaches as well as theories that will provide new directions in studying complex clinical problems.

We welcome **all** interested parties to our RIG; researchers, clinicians, academicians, and students. Be sure to sign up by logging into the *Members-Only* section and choosing which RIG(s) to join. There is no fee to participate, and you can join up to three RIGs as part of your membership benefits. Just click on the topic and the Resource Center will do the rest!

Lastly, we encourage all members to attend the next RIG meeting at the 2010 Annual SNRS Conference in Austin, Texas. At this meeting, we will discuss strategies for furthering the goals of the RIG, such as establishing a RIG-sponsored poster award, sponsoring a symposium or workshop, and planning the upcoming RIG-sponsored issue of the *SOJNR*.

SNRS Member News

Dr. Carol Reineck

SAN ANTONIO, TX (Sept. 11, 2009) - UT Health Science Center San Antonio nursing faculty member Carol Reineck, Ph.D., RN, FAAN, NEA-BC, delivered a presentation about her newly revised workbook on how to review scientific literature at the [International Council of Nurses' \(ICN\) 24th Quadrennial Congress](#), held June 27-July 4 in Durban, South Africa.

Dr. Reineck is chair, associate professor, and holder of the Amy Shelton & V.H. McNutt Professorship in Nursing in the Department of Acute Nursing Care.

The workbook, *Critical Reading of Research Publications*, is a how-to manual that leads small groups of health care professionals through the process of reviewing scientific literature, the first step in understanding evidence-based practice.

Her presentation co-author was Evelyn Swenson-Britt, Magnet Recognition Program coordinator at University Health System in San Antonio and a doctoral nursing student at the Health Science Center. After the presentation, some of the health care professionals from other countries requested permission to translate the workbook into their languages, including Swedish and Dutch, to make it available to their colleagues.

Implementing Proven Best Practices

Since the Institute of Medicine's landmark report 10 years ago, *To Err is Human: Building a Safer Health System*, the emphasis in health care has been on using evidence-based practice; conducting scientific studies to prove best practices; to improve the quality of health care. "The beauty of this workbook is that it can be used even in developing countries where nurses and other health care workers have some education, but not much experience with conducting research," Dr. Reineck said. "It teaches them the basics of how to review scientific literature so that they can become familiar with it and institute best practices at their hospital or clinic. It also prepares them to conduct their own research, which will contribute to the world's body of knowledge to improve health care."

Note from the Editor

As members, the newsletter is a benefit for all of us. Please won't you notify us of outstanding members' achievements, such as the one noted above? We would love to hear from you! You may email me at smithlw@email.phoenix.edu or lksmithrn@gmail.com. We want to disseminate your research achievements!

Lenora Smith, MSN, RN

Editor, Southern Connections

Southern Nursing Research Society

Email: snrs@resourcenter.com

Phone: 303-327-7548

Toll Free: 877-314-7677

Web: <http://www.snrs.org>